



AJKA International Instructor and general Training camp

11th – 15th of July 2018

Gyula, Hungary

Contact: Sensei Leslie B. Safar

AJKA-I Technical Director

sensei.safar@gmail.com

+36-70-290-4554

Camp schedule

<i>Wednesday</i>	<i>from 10:00</i>	<i>to 16:00</i>	<i>Registration</i>	<i>TBD</i>
Wednesday	from 13:00	to 14:30	Instructor meeting	Sensei's apartment
<i>Wednesday</i>	<i>from 19:30</i>	<i>to 21:00</i>	Opening General Training	Sport Centre
<i>Thursday</i>	<i>from 7:30</i>	<i>to 8:30</i>	<i>Breakfast</i>	<i>at the Hotel</i>
<i>Thursday</i>	<i>from 10:00</i>	<i>to 11:00</i>	General Class	Sport Centre
<i>Thursday</i>	<i>from 11:15</i>	<i>to 12:15</i>	Instructor Class	Sport Centre
<i>Thursday</i>	<i>from 12:30</i>	<i>to 14:00</i>	<i>Lunch</i>	<i>Geza's Kitchen</i>
<i>Thursday</i>	<i>from 16:00</i>	<i>to 17:00</i>	General Class	Sport Centre
<i>Thursday</i>	<i>from 17:15</i>	<i>to 18:15</i>	Instructor Class	Sport Centre
<i>Thursday</i>	<i>from 19:30</i>	<i>to 21:00</i>	<i>Supper</i>	<i>Geza's Kitchen</i>
<i>Friday</i>	<i>from 7:30</i>	<i>to 8:30</i>	<i>Breakfast</i>	<i>at the Hotel</i>
<i>Friday</i>	<i>from 10:00</i>	<i>to 11:00</i>	General Class	Sport Centre
<i>Friday</i>	<i>from 11:15</i>	<i>to 12:15</i>	Instructor Class	Sport Centre
<i>Friday</i>	<i>from 12:30</i>	<i>to 14:00</i>	<i>Lunch</i>	<i>Geza's Kitchen</i>
<i>Friday</i>	<i>from 16:00</i>	<i>to 17:00</i>	General Class	Sport Centre
<i>Friday</i>	<i>from 17:15</i>	<i>to 18:15</i>	Instructor Class	Sport Centre
<i>Friday</i>	<i>from 19:30</i>	<i>to 21:00</i>	<i>Supper</i>	<i>Geza's Kitchen</i>
<i>Saturday</i>	<i>from 7:30</i>	<i>to 8:30</i>	<i>Breakfast</i>	<i>at the Hotel</i>
<i>Saturday</i>	<i>from 10:00</i>	<i>to 11:00</i>	General Class	Sport Centre
<i>Saturday</i>	<i>from 11:15</i>	<i>to 12:15</i>	Instructor Class	Sport Centre
<i>Saturday</i>	<i>from 12:30</i>	<i>to 14:00</i>	<i>Lunch</i>	<i>Geza's Kitchen</i>
<i>Saturday</i>	<i>from 15:00</i>	<i>to 16:30</i>	Dan examination	Sport Centre
Saturday	from 19:30	to next morning ;)	AJKA-I Camp Party	Culture Centre

Accommodation

The apartment house is situated in the historic downtown of Gyula but quiet on the street next to the Castle Bath. The tastefully restored monument houses a Mediterranean garden where our guests can open for outdoor baking and cooking. We also recommend a larger friendship company. All our guests receive a discounted bath entrance.

Distance from the center: 300 m, from the Castle Bath: 250 m.



Practical issues (Map included)

The weather of Gyula

Like most Central and Western European cities, Gyula weather in winter (December to February) is accompanied with heavy snow and very cold temperatures. The city is blanketed with snow across several weeks each year. Summer months (June to August) can bring about mild to high temperatures of around 27°C; however, it is not all that uncommon for summer days to edge over 30°C.

Summer

During summer, from April till August, Gyula remains hot. The average maximums climb to 20 °C while the low stands at mid-teens. July with more than 27 °C and 276 hours of sunshine is considered as the hottest and sunniest month of the year. Although temperature seems somewhat unpleasant, it is one of the best seasons to visit Gyula.

Insurance

The Organizers of the Camp do not provide insurance and do not take responsibility for any loss, accident or illness that might occur during the Camp or in the course of travel to or from the meeting site. It is, therefore, the responsibility of the participants to check their coverage with their insurance provider.

Bank, Currency, Credit Cards



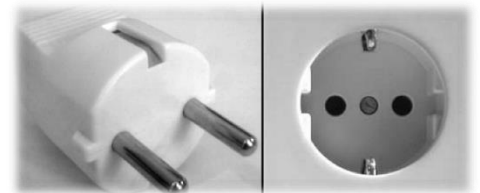
The unit of currency is the Hungarian Forint (HUF), denoted as “Ft” by the Hungarians. International credit cards (EC/MC, Visa) are accepted at most hotels, restaurants and shops. AMEX is rarely accepted by retailers. ATMs are available at the Airport and all over the city. (1 EUR is equivalent to approx. 310 HUF).

Banking hours are usually from 9:00 until 17:00 from Monday to Thursday, on Fridays banks

tend to close earlier, usually 15:00 or 16:00.

Voltage

The electricity supply in Hungary is 230 V AC (50 Hz). Type F plug is used in Hungary.



Tap water quality

The drinking water quality in Hungary is excellent and safe to drink.

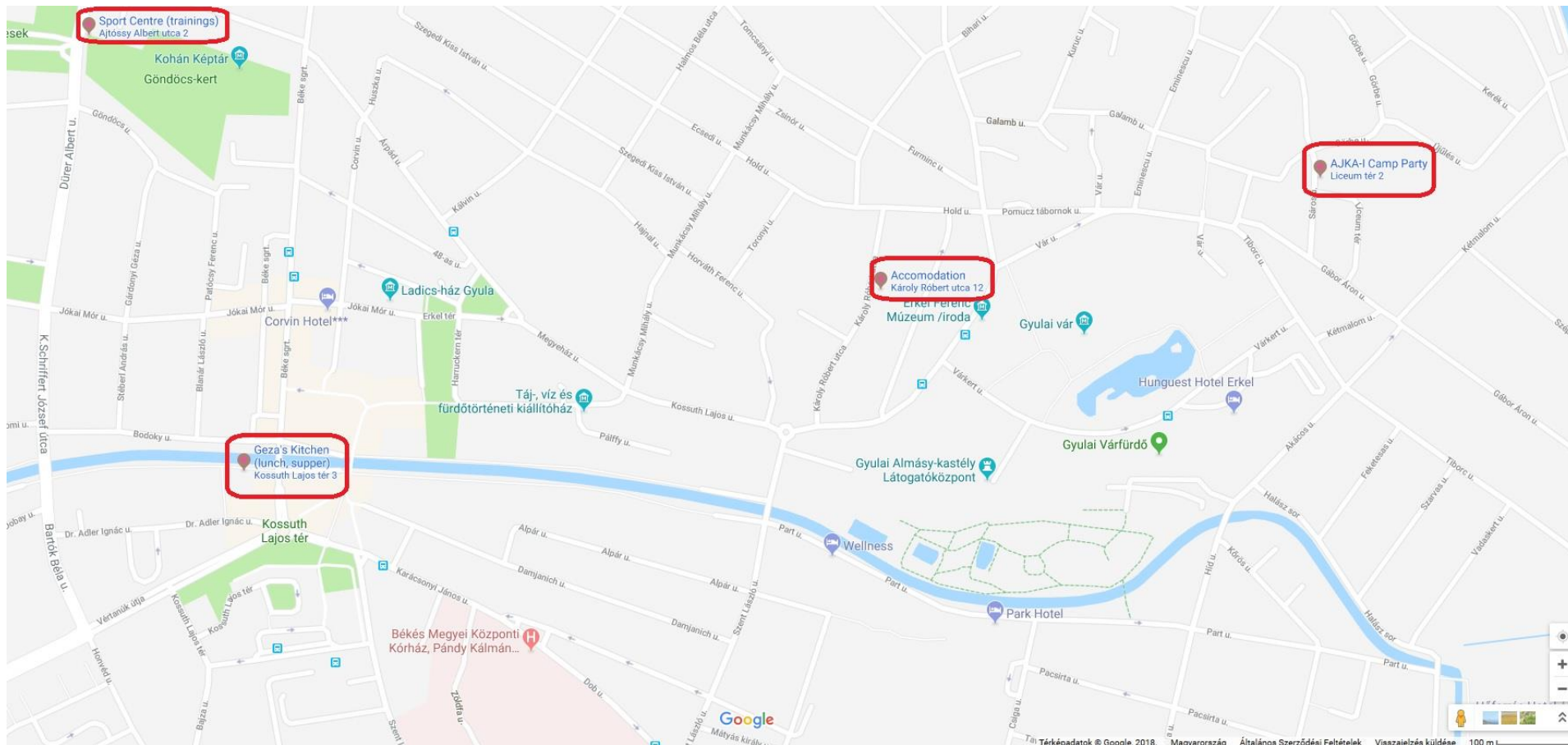
First aid, emergency and insurance

As with other EU member states, all emergency services can be reached by dialling 112. Hungary also maintains its internal numbers:

- Police (Rendőrség) - 107
- Ambulance (Mentők) - 104
- Fire service (Tűzoltóság) - 105

To obtain the international operator (for placing collect calls etc.), dial 199.

The Hungarian operator is available on 197.



Accommodation – 5700 Gyula, Károly Róbert út 12.
Sport Centre (trainings) - 5700 Gyula, Ajtóssy 2-10.
Lunch, Supper - 5700 Gyula, Kossuth Lajos tér 3.
Party – 5700 Gyula, Liceum tér 2.